# **Best Practices for Building Online Communities between Researchers and Practitioners - Summary August 2005**

Marian Farrior for the Conservation Psychology website

A goal of Phase II of the Conservation Psychology website is to foster dialogue and collaboration between researchers and practitioners. The purpose of this summary is to take a look at "lessons learned" and best practices to help achieve this goal. To keep this summary document short, I am outlining some highlights found in my research. Hyperlinks are included to the references; in addition, if the reference says see "Notes:", key findings are found in *Best Practices for Building Online Communities between Researchers and Practitioners – Notes*, which also contains additional information and website links that are not included in this summary.

## **Virtual Communities of Practice**

Because Conservation Psychology is a newly developing interdisciplinary field, it is arguably a "Community of Practice" (CoP), a social networking term developed by Etienne Wengner to describe groups that form among peers for sharing knowledge and information about their professional interests and activities. The interface between CoP and Virtual Communities and Community Informatics (aka information management or knowledge management) is just beginning to emerge – systems and technologies are rapidly evolving on the Web. In response, new fields of study are organizing around a variety of topics, such as Information Technology, Game Studies (which delves into the world of computer gaming),

Electronic/Virtual/Digital/Online (these words are used interchangeably) Communications or Communities, Cyberpsychology, Cyberculture, Human-Computer Studies, etc. (see <u>Resource</u> <u>Center for Cyberculture Studies</u> and <u>Virtual Community Research Resources</u>).

A useful definition for Community of Practice is "Groups of people who come together to share and to learn from one another face-to-face and virtually. They are held together by a common interest in a body of knowledge and are driven by a desire and need to share problems, experiences, insights, templates, tools and best practices. Community members deepen their knowledge by interacting on an ongoing basis" (see Notes: Inter-Organizational Communities of Practice). Research shows that face-to-face interactions on occasion are important for CoP to develop – this fosters trust. Another key element of CoP is reification, whereby community members develop "artifacts" together, such as articles, books, stories. CoP also help to advance their fields through identifying best practices, defining underlying principles, and helping to create common vocabularies and conceptual frameworks (see Notes: Virtual Communities).

## Stages of Community Development

There are a few key practices to develop a successful Virtual Communities of Practice (VCoP): solicit member feedback, plan for stages of user involvement on the website, and have a good facilitator or host to moderate the site, especially at the beginning. The Web has a whole lot of resources to help develop VCoP. One of the best meta-websites is <u>Full Circle Associates</u> (by web

expert Nancy White), which lists tips and resources in how to build online communities, and the technology and tools that are currently available.

Most of website users (as high as 80%) who log onto a site are "lurkers" – they will take an occasional look at a website but will not participate in it; the participants, also called "posters" or " contributors" are in the minority. Tools to engage member input and feedback include: e-mails, blogs, chat rooms, message boards, user surveys, comments boxes, quickie online surveys and quizzes, Frequently Asked Questions section, virtual games, and rating systems (like "Review this Article" and "Rate this Review" features).

In order to foster and maintain ongoing participation, website managers need to match design and technology of the site with stages of community development. These stages are well articulated by web expert Amy Jo Kim and summarized below (see Notes: <u>Community Building</u> <u>on the Web: Secret Strategies for Successful Online Communities</u> and a great video clip: <u>Growing a Web Community: Three Immutable Laws, Nine Timeless Design Strategies</u>):

About Community Development:

Communities start small and simple and grow organically over time; people stay to maintain a web of relationships. Use feedback loops to grow the community – e-mails, message boards, surveys, chat rooms, polls, tracking, page use. As the community grows, there will be different roles and increasing influence over time. At first, there is a lot of energy at the launching of a web site – provide ground rules for etiquette, and host events to attract new members. Then eventually empower members to host the site, run events, greet and mentor new members, and run subgroups.

Design Strategies of a Site (a systems-oriented approach to community building, also called Social Scaffolding):

1. Define and articulate your PURPOSE. Understand why you are building a website, and who you are building it for. Identify members' needs and prioritize the list, next list the goals of the website owners and prioritize the list, then compare and consolidate the two lists to create a "master list" of the community's goals. Understand your audience through online surveys, and use chat rooms to run focus groups. Develop a mission statement, identify core values of the community and tell the story of the site to reflect those values. Brand the personality of the site with a tagline that expresses what the community is about, and communicate your brand personality through the looks, layout, activity tools, and content of the website.

2. Build flexible, extensible gathering PLACES. These gathering places will co-evolve with the needs of your members, and include message boards and e-mail lists. Start small and allow these to develop over time.

3. Create meaningful and evolving member PROFILES. Profiles are how members get to know each other. They build trust and social identity, foster relationships, and deliver

personalized services, as well as giving the community a sense of history and context. Track and display participant's usage history.

4. Design for a range of ROLES. Basically, there are five roles that people have that change over time:

Visitors need to be welcomed Novices need instruction Regulars need rewards and perks Leaders need to be empowered Elders need to be appreciated and honored

Usually the site moderator welcomes newcomers, encourages silent participants, seeds conversations, and connects people with the resources they need.

5. Develop a strong LEADERSHIP program. Leaders can greet newcomers, encourage newcomers, teach classes, answer questions, coordinate events, and manage programs and infrastructures. On a website, you can reward or elevate people to official leadership roles, and use programs to spotlight enthusiasts interests; "people recommend" posts is also a way to highlight contributions.

6. Encourage appropriate ETIQUETTE. Every community has conflicts. Conflicts can be invigorating and dynamic, yet it can also tear a community apart. To avoid this, develop some crucial ground rule and set up systems that allow you to enforce and evolve your community standards. Celebrate what is admired, and let people know what won't be tolerated. Go back to community values to establish your standards. Also use FAQs, update rules, articulate a privacy policy, and establish rules and guidelines for leaders.

7. Promote cyclic EVENTS. Communities come together around regular events. On a website, you want to establish regular events, and help members develop and run their own events. These events include online group meetings, presentations and conferences, competitions, a calendar system, and chat rooms.

8. Integrate the RITUALS of community life. Celebrate holidays and seasonal changes specific to the community; acknowledge personal transitions and rites of passage in a non-obnoxious way. Welcome new members with a personal touch e-mail (include information they may be interested in). Celebrate achievements and success stories of members.

9. Facilitate member-run SUBGROUPS. If the community is to grow, provide technologies to help members create and run subgroups. It's a big job, yet it can encourage lasting member loyalty and help distinguish your community from its competition.

The facilitator/moderator/host of an online community is a key role. Hosts foster member interactions, seed and spark conversations, set the rules and guidelines for interactions, set an example of the social norms, provide authority and settle disputes, share community history and ritual and steer people to the archives, identify and tell success stories, and hold space for

members to take on leadership roles and also act as hosts (see Notes: <u>Facilitating and Hosing a</u> <u>Virtual Community</u>).

## Language

There are some unique social and communication challenges involved with developing an online community. One of the challenges is that there isn't even a word to describe the interface between dialogue and writing that occurs during communications on the Web; in the past, most of the written word did not carry the weight of immediate communication needs. Virtual communication lacks some of the social cues we developed as a species, such as eye contact, body language, and verbal inflection. Again, this is changing as new technologies are emerging, like video conferencing and video clips.

To mitigate some of the misunderstandings that can occur with written communications (such as "flaming" e-mails), it is best to establish some ground rules or guidelines upfront, such as the use of "I" statements, asking questions, acknowledging feelings, and checking assumptions (see Notes: <u>Avoiding Online Conflict</u>). To address the proximity and immediacy issues, the use of words that connote proximity (this these, here) and participation (we, use, our) help to foster a sense of relatedness (see Notes: <u>An Initial Examination of Observed Verbal Immediacy and Participants' Opinions of Communication Effectiveness in Online Group Interaction</u>).

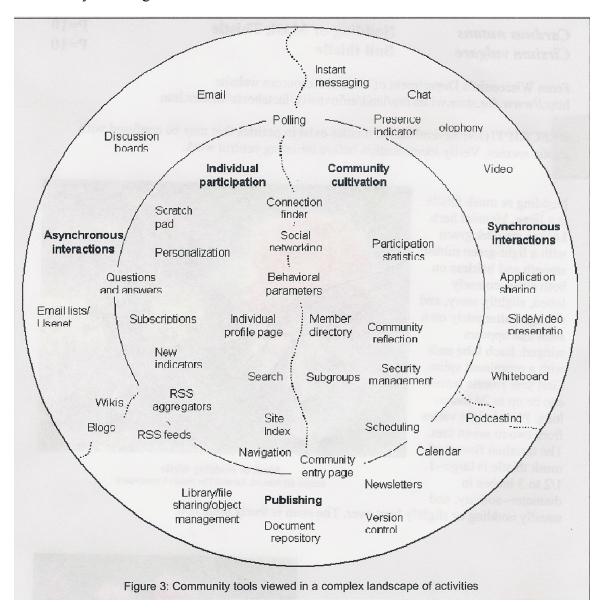
## Technology & Tools

Technology is another challenge in developing an online community. Again, timing and proximity is an issue that is addressed by the technology of site. Basically, there are synchronous (messages posted at the same time) and asynchronous (messages posted at different times) events on a website. Certain technologies are "pull tools", whereby users have to log onto the site and pull information to them; other technologies, like e-mails, are "push tools", whereby the information goes directly to the users. The following chart (see Notes: <u>Tool Tour</u> and <u>Tools of Online Connection</u>) is a useful overview of tools:

Asynchronous	Synchronous
Different Time-Different	Same Time-Different Place
Place	Chat Rooms
Online Bulletin Boards	Conference Calls
Groupware	Video conferencing
Voice Mail	
E-mail	
Different Time – Same	Same Time-Same Place
Place	Face-to-face meetings
Written records	Casual interactions
Bulletin Boards	Presentations
E-mail	

Time/Place Taxonomy

Technology is a challenge because not all members in a community have the same access to skills and resources (such as hardware and software). It is helpful to have a technology expert or steward on hand to help assess and identify technology needs, answer questions and help members solve technology problems, address security needs, and keep updated on developments and changes in computer technology. The following diagram from an article about technologies for VCoP (see Notes: Technology for Communities) illustrates various tools and their overarching function:



**Community Building Tools** 

The following chart is an overview of the pros and cons of various tools (see Notes: <u>Tool Tour</u> and <u>Tools of Online Connection</u>):

Tool Advantages and Disadvantages

Tool	Advantages	Disadvantages
Email list (Listserv)	"Push" technology Inexpensive to	Messages can come out of order;
(asynchronous)	people with high access costs	lose context of the conversation
	Can reach anyone online	Archiving isn't always done
Can be used as an adjunct	Good for broadcasting	Spammers can send messages to list
tool	information	A talkative group can produce too
	Can be individualized welcome	many messages
	new members, send reminders	Less helpful for getting work done,
	and updates to members, keep in	deep discussion, building coherent
	touch with members individually	teams
	and privately	Viruses are a concern
Newsgroups	Inexpensive	Same as email
(asynchronous)	Can reach anyone online	"Pull" technology – have to check
	Can just download title and not	it
Only subscribers can post	whole message	Can get contentious with out
a message		ground rules for interaction
Not always moderated		
Chat (synchronous –	Good for meetings to come to	"Pull" technology – have to check
messages are posted in	conclusion with everyone there	it
"real" time)	Can have a real-time	Difficult to schedule if you have
	(synchronous) discussion	users in other time zones
Can communicate with	Can have a guest speaker to	Inexperienced chatters may have a
many people at the same	answer questions	hard time keeping up with the pace
time; can be used for	Can log the transcript	Some access issues
meetings and brainstorm	Good to facilitate teamwork or	Lacks control for moderation
sessions	socializing	
Can use Instant		
Messaging to		
communicate with one		
particular member	Thursday a second second second second	
Message Boards also	Threaded – messages are arranged	Difficult to have a conversation
called forums or	into topics; not necessarily in	because real conversations drift to
conferencing or bulletin	chronological order	other topics
boards	Cood for quastions and answers	Less conducive to social
(asynchronous)	Good for questions and answers and technical information where	communities Often have to load a new HTML
	people need to find answers easily	
	Keeps topics organized	page to see the next message Requires moderation
	Linear – messages are posted in a	Difficult to come to resolution or
	given topic in chronological order	conclusion
		Hard to find specific information
	Great for social conversations and	Requires moderation
	in-depth discussion	
	Displays conversation the way	
	people talk	
	Can see a number of messages on	
	one HTML page	
	one minute page	l

Blogs – web log (asynchronous) Features: RSS – real simple syndication – allows	Group publishing tool (texts, links, photos, documents, etc.) with little technology needed Use own browser	
subscribers to combine and recombine published postings in ways that make sense and receive updates		
Trackbacks – subscriber is alerted to posting on their post		
Wiki – online writing tool (asynchronous)	Group publishing and editing tool between internal pages Supports hyperlinks, has simple text syntax for creating new pages and crosslinks	
GroupWare and Portals (synchronous and asynchronous)	Good for facilitating teams and variety of functions	Growing technology that is rapidly changing
An aggregate of tools discussion tools, voting/polling/prioritizing tools, document and file sharing, calendaring, directories, content management and workflow/project management		
Multimedia auditorium Live presentation tools (synchronous) Live online event tools	Customers pay per event, based on number of attendees or by the month Good in combination with conference calls	Heavy bandwidth Users may not have necessary hardware or software More load on server and network
(audio and video)		

The following tools can be used to draw new members and publicize the online community (see Notes: <u>Publicity</u> and <u>Virtual Promote</u>) :

- Banner ads
- Advertising in your email signoff signature
- Posting on appropriate newsgroups or in other communities
- News releases
- Notices or links on your home page

- Registering with forum or community directories
- Networking among those who you know would be interested
- Print advertising
- Business cards

#### **Building Relationships between Researchers and Practitioners**

Researchers and practitioners bring different perspectives to the Conservation Psychology field. Researchers can be reflective observers, and draw from different disciplines of study. Practitioners bring a rich set of on-the-ground experiences to the discussion, can readily identify real world problems and research questions, and test out new methods. Based on lessons learned in other fields (see Notes: <u>Connecting Research and Practice</u>), researchers and practitioners can work together to develop research agendas, conduct the research, derive meaning from research findings, and disseminate findings.

In order to foster collaboration, practitioners are engaged at different points during a research study, such as serve on an advisory board prior to the study, identify elements most important to their work, provide ideas about how findings may challenge local norms, find best ways to convey results to other practitioners. In particular, other collaborative practices include:

- Researchers mail first draft of findings to practitioners who participate in a study and solicit their interpretation of the data.
- Researchers hold focus groups of practitioners to identify issues of concern.
- Practitioners review publications and give advice on how to make them jargon free and user friendly.
- Researchers hold study circles to present research findings to practitioners to emphasize reflection, a key component of constructivism.
- Researchers support practitioner research by providing training and support to practitioners to identify their own questions and help them conduct their own research.
- Researchers follow up with practitioners to find out how findings are interpreted and used.
- Researchers and practitioners participate in local workshops and national conferences together.

Another group (see Notes: <u>Building Bridges Between Research and Practice</u>) documented their protocol for a successful practitioner and researcher collaboration:

- Begin by jointly defining the purpose of the project. Explore interests, hopes and fears, and discuss objectives and audiences.
- Discuss how the research/evaluation will be carried out. Explore the kind of information that will be needed to meet the objectives, and identify potential products.
- Finalize a statement of purpose, objectives, and expectations about how the research will be conducted.

- Develop ground rules regarding: communication (with each other and others), confidentiality, roles, timing, reporting and how reports will be developed and reviewed, and how problems will be resolved if they arise.
- Develop a written agreement incorporating all of the above.

Additional financial and intuitional support is necessary for successful collaborations. In particular, practitioners should be given enough incentives to engage in research, which is often an addition to their work plan. Incentives could be stipends, professional development opportunities, or staff time set aside for participation in research collaboration.

## Recommendations

For Phase II of the Conservation Psychology website, here are some suggestions:

- Create a website development plan, taking a look at the stages in community development and map out appropriate design strategies (and benchmarks) for the site in order to foster ongoing community involvement.
- Identify a website facilitator to foster dialogue and input, and "manage" the site.
- Identify a technology steward to work with an ongoing basis.
- Create a "Task Force" of a few Conservation Psychology researchers and practitioners to discuss appropriate tools for collaboration on the website (such as blogs to discuss research questions, or video conferencing to host an event).
- The researcher/practitioner task force could also identify steps for working together. For example, this task force could create ground rules for engagement, and identify opportunities and appropriate venues for working together, such as joint articles, focus groups, research reviews, funding for collaborative research projects, etc.

The process of developing a Virtual Community of Practice for Conservation Psychology could be documented to not only create an archive for the field, but also further the knowledge base about best practices for the field of VCoP.